

DON'T LET THE NUMBER
OF DEXAMETHASONE PILLS
IN YOUR TREATMENT FOR
MULTIPLE MYELOMA
GET OUT OF HAND

Simplify with HEMADY

Learn how HEMADY provides
a full dose of dexamethasone
with fewer pills a day¹

WHAT IS HEMADY?²

- HEMADY is an oral corticosteroid (also called a steroid) used with other multiple myeloma drugs for the treatment of adults with multiple myeloma.
- It is not known if HEMADY is safe and effective in children.

SELECT IMPORTANT SAFETY INFORMATION

WHO SHOULD NOT TAKE HEMADY?

Do not take HEMADY if you:

- Are allergic to HEMADY or any of the ingredients in HEMADY.
- Have an infection inside your body. HEMADY may make it worse.

Please see additional Important Safety Information on pages 10 and 11 and enclosed full Prescribing Information. Visit HEMADY.com



Hemady[®]
(dexamethasone)
Tablets, 20 mg

Simplify your dexamethasone treatment with **HEMADY**

Managing your multiple myeloma medicines can be challenging. You can count on HEMADY to get the dosage strength of dexamethasone your doctor prescribes with the fewest number of pills.¹



USE THIS GUIDE TO LEARN

How HEMADY can help treat multiple myeloma

How to take HEMADY

How treatment with HEMADY may affect you

About getting support to access HEMADY if your doctor prescribes it for you

Ask your doctor if HEMADY is right for you.

SELECT IMPORTANT SAFETY INFORMATION

HOW SHOULD I TAKE HEMADY?

- Your doctor will tell you how to take HEMADY based on the treatment regimen in the other anti-myeloma products prescribed for you.

What is HEMADY?

HEMADY is a prescription oral corticosteroid medicine called dexamethasone (**deks-a-METH-a-son**e). It is given with other medicines to treat adults with multiple myeloma.²

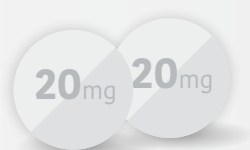


Image not to scale

- Dexamethasone is one of the most commonly prescribed medicines used in combination with other drugs to treat multiple myeloma.³
- It may be given as a 20 mg or 40 mg dose.^{1,2}
- Lower doses are recommended for elderly patients due to increased toxicity in these patients.²
- HEMADY offers a unique strength of dexamethasone in a 20 mg pill.²
- HEMADY is the only FDA-approved dexamethasone specifically for adult patients with multiple myeloma.⁴

SELECT IMPORTANT SAFETY INFORMATION

WHAT ARE THE POSSIBLE SIDE EFFECTS WITH HEMADY?

HEMADY can cause serious side effects, including:

Alterations in endocrine function (hormones). This is especially important in patients with diabetes as HEMADY can cause blood glucose levels to rise. Your healthcare provider may monitor glucose levels more frequently. If you have diabetes, talk to your healthcare provider as adjustments in your diabetes medications may be needed.

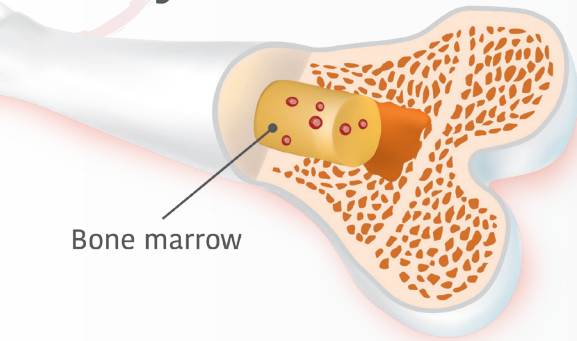
An increased risk of infection. HEMADY can suppress your immune system. Tell your healthcare provider if you have had any recent or ongoing infections and if you develop any sign of infection while taking HEMADY. Avoid live or live attenuated vaccines.

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How **HEMADY** helps treat multiple myeloma⁵⁻⁷



Multiple myeloma is a cancer that starts when plasma cells (a type of white blood cell) grow out of control and build up in your bone marrow. When plasma cells become cancerous, they are called myeloma cells.

The abnormal growth of myeloma cells may affect your body in different ways:



Weaken bones, which may lead to bone pain and fractures



Reduce the number of healthy blood-forming cells, which can lead to anemia (low iron), low blood counts, bruising, and bleeding



Lower your body's ability to fight infection



Cause kidney damage

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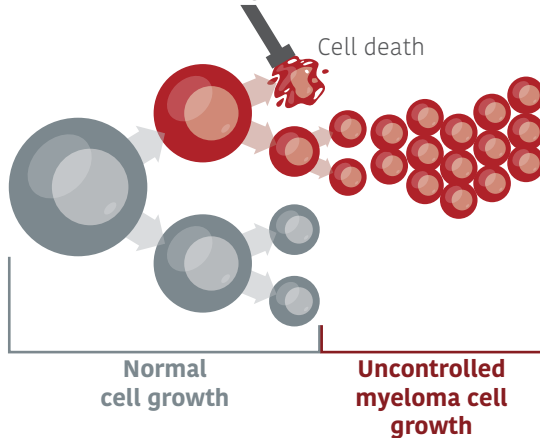
An increase in blood pressure, salt and water retention, and potassium and calcium excretion. Speak to your healthcare provider to discuss monitoring blood pressure and identifying signs of fluid retention and loss of potassium, especially if you have congestive heart failure, a recent heart attack, or hypertension.

Blood clots in your arteries, veins, and lungs, heart attack, and stroke can happen if you take HEMADY, and the risk may be greater when taking HEMADY with other anti-myeloma drugs. Your doctor may prescribe a blood thinner medicine to help prevent clots.

HEMADY (dexamethasone) has been shown to slow the growth of abnormal myeloma cells in vitro^{8*}

Dexamethasone

Disrupts cell growth



Used together with other myeloma treatments, HEMADY may help improve symptoms and slow the course of the disease.⁹

It is not known exactly how HEMADY works in multiple myeloma.

- HEMADY is an oral dexamethasone approved in combination with other multiple myeloma drugs to treat adult patients with multiple myeloma.^{2,4}
- **HEMADY is not a chemotherapy.** It is a pill used in combination treatment regimens to help lower the number of myeloma cancer cells.⁹

*In vitro means studied outside of a living organism, such as in a test tube or culture dish.

SELECT IMPORTANT SAFETY INFORMATION

WHAT ARE THE POSSIBLE SIDE EFFECTS OF HEMADY?

HEMADY can cause serious side effects, including:

HEMADY may cause cataracts or glaucoma. Your healthcare provider may monitor you for these effects.

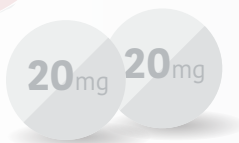
HEMADY may increase the risk of developing gastrointestinal perforation. Promptly seek medical attention if you develop unusually severe, persistent, or worsening abdominal pain.

Prolonged use of HEMADY can cause osteoporosis, which can lead to bone fractures.

Please see additional Important Safety Information on pages 10 and 11 and enclosed full Prescribing Information. Visit HEMADY.com

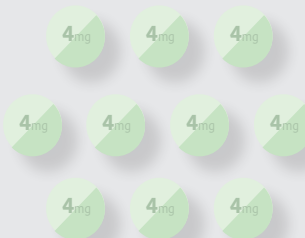

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(dexamethasone)
Tablets, 20 mg

Why HEMADY?



The standard dose of HEMADY for the treatment of multiple myeloma is 20 mg or 40 mg. Many patients start with a 40 mg dose.^{1,2}

Before HEMADY, you had to take a total of ten 4 mg tablets to get a 40 mg dose of dexamethasone.⁴



- When used with other multiple myeloma medicines, 20 mg and 40 mg of dexamethasone has been shown to help other multiple myeloma medicines work better.⁹
- Refer to the Prescribing Information of the other anti-myeloma products used in combination with HEMADY for specific HEMADY dosing.

HEMADY can be safely taken in combination with other multiple myeloma treatments. These FDA-approved treatments include:*

VELCADE®
(bortezomib)

POMALYST®
(pomalidomide)

FARYDAK®
(panobinostat)

XPOVIO®
(selinexor)

THALOMID®
(thalidomide)

NINLARO®
(ixazomib)

EMPLICITI®
(elotuzumab)

SARCLISA®
(isatuximab-irfc)

REVLIMID®
(lenalidomide)

KYPROLIS®
(carfilzomib)

DARZALAX®
(daratumumab)

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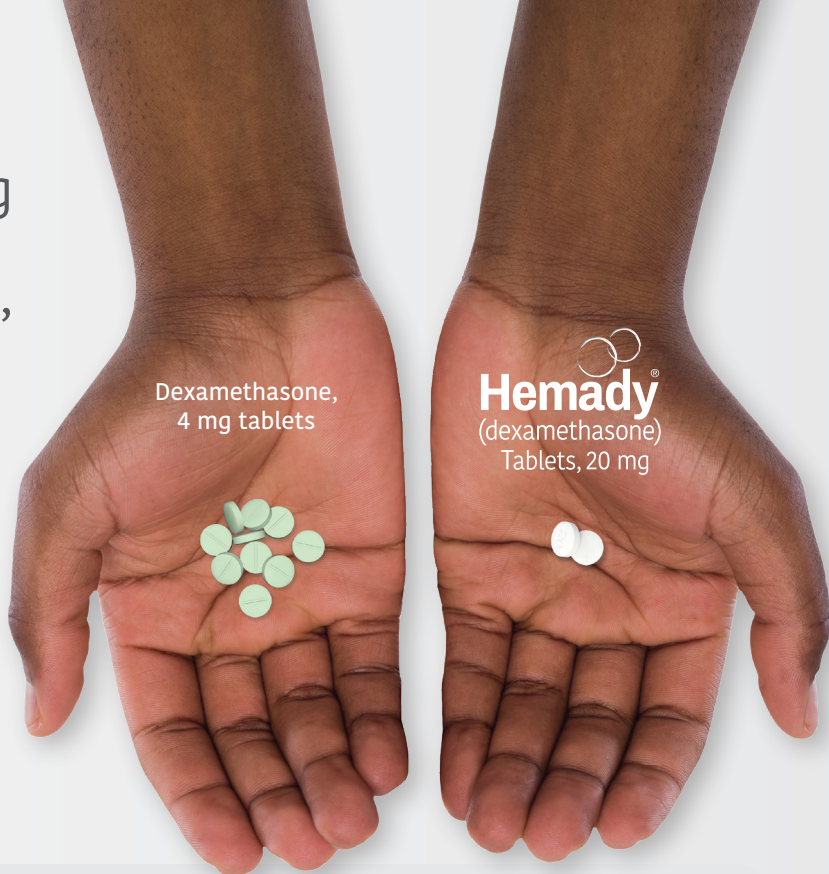
*List of other anti-myeloma drugs that can be taken with HEMADY is current as of September 25, 2020.

SELECT IMPORTANT SAFETY INFORMATION

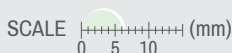
WHAT ARE THE POSSIBLE SIDE EFFECTS WITH HEMADY?

HEMADY can cause serious side effects, including unexplained muscle pain, tenderness, or weakness. If you experience these effects, contact your healthcare provider. It may be a condition known as myopathy.

If you are taking
40 mg of
dexamethasone,
you only
need to take
2 tablets of
HEMADY¹



HEMADY 20 mg pills are about the same
size as 4 mg dexamethasone pills.¹⁰



SELECT IMPORTANT SAFETY INFORMATION

WHAT ARE THE POSSIBLE SIDE EFFECTS WITH HEMADY?

HEMADY can cause serious side effects, including:

Irritability, mood swings, personality changes, and severe depression. HEMADY can also cause insomnia. Inform your healthcare provider if you notice behavioral and mood changes or have experienced difficulty sleeping.

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Taking HEMADY²

It's helpful to know what to expect before starting HEMADY

Your doctor may start you on a 20 mg or 40 mg dose of HEMADY.²

The most common dose of HEMADY is 40 mg one day per week.¹ The day and dose will depend on the dosing of other multiple myeloma medicines prescribed for you.²

Your doctor will determine the right dose for you and will tell you exactly how to take HEMADY.

HEMADY can be taken with or without food.²

Ask your doctor if dexamethasone is part of the combination treatment prescribed for your multiple myeloma.

Your doctor will tell you exactly how to take HEMADY. It is important to follow all instructions for taking HEMADY in combination with other multiple myeloma treatments.

SELECT IMPORTANT SAFETY INFORMATION

WHAT ARE THE POSSIBLE SIDE EFFECTS WITH HEMADY?

Corticosteroids, including HEMADY, can cause fetal harm. Women should not become pregnant while taking HEMADY and for 1 month after stopping HEMADY. Talk to your healthcare provider if you are pregnant or are planning to become pregnant. Women should not breastfeed while taking HEMADY and for 2 weeks after the last dose.

How **HEMADY** may affect you²

HEMADY may cause a number of possible side effects. It is important to know that:

- Side effects can vary quite a bit from person to person.
- Older patients may have more side effects when taking corticosteroids. Your doctor will monitor your care and may lower your dose of HEMADY.

Possible side effects to watch for include:

- Allergic reactions
- Increased blood sugar levels
- Signs of infection
- Increased blood pressure and fluid buildup
- Blood clots
- Cataracts or glaucoma
- Stomach pain
- Osteoporosis, or loss of bone density
- Muscle pain or weakness
- Insomnia, or trouble sleeping
- Mood changes



It is not known if HEMADY is safe and effective for use in children.

Ask your doctor if HEMADY is right for you.

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- **An increased risk of infection.** HEMADY can suppress your immune system. Tell your healthcare provider if you have had any recent or ongoing infections and if you develop any sign of infection while taking HEMADY. Avoid live or live attenuated vaccines.
- **An increase in blood pressure, salt and water retention, and potassium and calcium excretion.** Speak to your healthcare provider to discuss monitoring blood pressure and identifying signs of fluid retention and loss of potassium, especially if you have congestive heart failure, a recent heart attack, or hypertension.
- **Blood clots in your arteries, veins, and lungs, heart attack, and stroke can happen if you take HEMADY, and the risk may be greater when taking HEMADY with other anti-myeloma drugs.** Your doctor may prescribe a blood thinner medicine to help prevent clots.
- **Cataracts or glaucoma.** Your healthcare provider may monitor you for these effects.

REFERENCES

1. Bashir Q, et al. *Clin Lymphoma Myeloma Leuk.* 2020;S2151-2650(20)30332-3. doi: 10.1016/j.clml.2020.06.022. 2. HEMADY® [Prescribing Information]. Acrotech Biopharma, LLC. 2020. 3. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®). Multiple Myeloma. Version 1.2021. © 2020 National Comprehensive Cancer Network, Inc. All rights reserved. Accessed September 4, 2020. The NCCN Guidelines® and illustrations herein may not be reproduced in any form for any purpose without the express written permission of NCCN®. To view the most recent and complete version of the NCCN Guidelines, go online to NCCN.org. The NCCN Guidelines are a work in progress that may be refined as often as new significant data become available. NCCN® makes no warranties of any kind whatsoever regarding their content, use, or application and disclaims any responsibility for their application or use in any way. 4. FDA; Center for Drug Evaluation and Research. HEMADY New Drug Application. 2019. 5. Terpos E, et al. *Blood Cancer J.* 2018;8:7. doi:10.1038/s41408-017-0037-4. 6. Kyle RA, et al. *Leukemia.* 2009;23:3-9. 7. Nucci M, et al. *Clinical Infectious Diseases.* 2009; 49:1211-1225. 8. Ishikawa H, et al. *Blood.* 990;75:715-720. 9. Harrison SJ, et al. *Am J Hematol.* 2015;90:E86-E91. doi:10.1002/ajh.23967. Epub February 27, 2015. 10. Sharma S, et al. *Blood.* 2008;112:1338-1345. 10. Data on file [pill size correspondence]. Acrotech Biopharma, LLC. 2020.

- **Increase the risk of developing gastrointestinal perforation.** Promptly seek medical attention if you develop unusually severe, persistent, or worsening abdominal pain.
- **Prolonged use of HEMADY can cause osteoporosis,** which can lead to bone fractures.
- **Unexplained muscle pain, tenderness, or weakness.** If you experience these effects, contact your healthcare provider. It may be a condition known as myopathy.
- **Irritability, mood swings, personality changes, and severe depression.** HEMADY can also cause insomnia. Inform your healthcare provider if you notice behavioral and mood changes or have experienced difficulty sleeping.
- **Corticosteroids, including HEMADY, can cause fetal harm.** Women should not become pregnant while taking HEMADY and for 1 month after stopping HEMADY. Talk to your healthcare provider if you are pregnant or are planning to become pregnant. Women should not breastfeed while taking HEMADY and for 2 weeks after the last dose.

These are not all the possible side effects of HEMADY. Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.



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Get the support you need to start **HEMADY**

1 Find out if taking your full dose of dexamethasone with fewer pills is an option for you.

—Talk to your healthcare providers to see if HEMADY is the right dexamethasone partner for your multiple myeloma treatment plan.

2 Confirm how you will receive your prescription.

—HEMADY is only available through specialty pharmacies, just like your other oral anti-myeloma drugs. HEMADY will be delivered to your home. Work with your healthcare providers to get your prescription filled.

3 Contact the Acrotech STAR[®] program (Specialty Therapy Access Resources) if you have questions about your insurance coverage.

—Request support to understand your health benefits and see if you qualify for the HEMADY Patient Assistance Program.



Need help getting HEMADY?

For information about reimbursement support and the patient assistance program, visit www.HEMADY.com. Select the Patient and Caregiver Support tab and download the STAR[®] enrollment form. Call 1-888-537-8277 if you do not have access to www.HEMADY.com.

www.HEMADY.com

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HEM-0101


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